



Athletics Leinster
Combined & Junior Championships
Saturday 25th May 2019
Shorelines
(Greystones)

Long Jump & 400m Hurdles 10:15am

All other events Start-time: 10.30am

Combined Athlete Event List

Age Category	Event	Disciplines
U13 Girls	Tri Event	Long Jump, Shot Put, 200m
U13 Boys	Tri Event	Long Jump, Shot Put, 200m
U14 Girls	Pentathlon	75mH, Long Jump, Shot Put, High Jump, 800m
U14 Boys	Pentathlon	75mH, Long Jump, Shot Put, High Jump, 800m
U15 Girls	Pentathlon	80mH, Long Jump, Shot Put, High Jump, 800m
U15 Boys	Pentathlon	80mH, Long Jump, Shot Put, High Jump, 800m
U16 Girls	Pentathlon	80mH, Long Jump, Shot Put, High Jump, 800m
U16 Boys	Pentathlon	100mH, Long Jump, Shot Put, High Jump, 800m
U17 Girls	Pentathlon	Shot Put, 100mH, High Jump, Long Jump, 800m
U18 Girls	Pentathlon	Shot Put, 100mH, High Jump, Long Jump, 800m
U19 Girls	Pentathlon	Shot Put, 100mH, High Jump, Long Jump, 800m
Senior Women	Pentathlon	High Jump, 100mH, Long Jump, Shot Put, 800m
Master Women W1	Pentathlon	High Jump, 100mH, Long Jump, Shot Put, 800m
Master Women (W2-W3)	Pentathlon	High Jump, 80mH, Long Jump, Shot Put, 800m
Master Women W4	Quadrathlon	100m, Long Jump, Shot Put, 800m
U17 Boys	Pentathlon	100mH, Long Jump, Shot Put, High Jump, 1000m
U18 Boys	Pentathlon	110mH, Long Jump, Shot Put, High Jump, 1000m
U19 Boys	Pentathlon	110mH, Long Jump, Shot Put, High Jump, 1000m
Senior Men	Pentathlon	110mH, Long Jump, Shot Put, High Jump, 1500m
Master Men (M1-M3)	Pentathlon	110mH, Long Jump, Shot Put, High Jump, 1500m
Master Men M4+	Quadrathlon	100m, Long Jump, Shot Put, 1500m

Junior Athletes Event List

Age Category	Events
Junior Men	110mH, 400mH, 100m, 200m, 400m, 800m, 1500m, 3000m, 5000m Walk Long Jump, High Jump, Triple Jump, Shot Put, Javelin, Discus, Hammer
Junior Women	100mH, 400mH, 100m, 200m, 400m, 800m, 1500m, 3000m, 3000m Walk Long Jump, High Jump, Triple Jump, Shot Put, Javelin, Discus, Hammer

Combined and Junior Track Timetable

Time	Event Type	Age Category	Event	Criteria
10:00	Check-in			
10:15	Junior	Men	400m Hurdles	3'0" 91.4cm
	Junior	Women	400m Hurdles	2'6" 76.2cm
	Junior	Women	3000m Walk	
	Junior	Men	5000m Walk	
	Junior	Women	100m Hurdles	2'9" 84.0cm
	Junior	Men	110m Hurdles	3'3" 99.0cm
	Junior	Women	3000m	
	Junior	Men	3000m	
	Pentathlon	U14 Girls	75m Hurdles	2'3" 68.6cm

	Pentathlon	U14 Boys	75m Hurdles	2'6" 76.2cm
	Pentathlon	U15 Girls	80m Hurdles	2'6" 76.2cm
	Pentathlon	U16 Girls	80m Hurdles	2'6" 76.2cm
	Pentathlon	Master Women (W2-W3)	80m Hurdles	2'6" 76.2cm
	Pentathlon	U15 Boys	80m Hurdles	2'9" 84.0cm
	Pentathlon	U17 Girls	100m Hurdles	2'6" 76.2cm
	Pentathlon	U18 Girls	100m Hurdles	2'6" 76.2cm
	Pentathlon	U16 Boys	100m Hurdles	2'9" 84.0cm
	Pentathlon	U19 Girls	100m Hurdles	2'9" 84.0cm
	Pentathlon	Senior Women	100m Hurdles	2'9" 84.0cm
	Pentathlon	U17 Boys	110m Hurdles	3'0" 91.4cm
	Pentathlon	U18 Boys	110m Hurdles	3'0" 91.4cm
	Pentathlon	U19 Boys	110m Hurdles	3'3" 99.0cm
	Pentathlon	Senior Men	110m Hurdles	3'3" 99.0cm
	Pentathlon	Master Men (M1-M3)	110m Hurdles	3'3" 99.0cm
	Quadrathlon	Master Women	100m Sprint	
	Quadrathlon	Master Men M4+	100m Sprint	
	Junior	Women	100m Sprint	
	Junior	Men	100m Sprint	
	Tri - Event	U13 Girls	200m Sprint	
	Tri - Event	U13 Boys	200m Sprint	
	Junior	Women	200m Sprint	
	Junior	Men	200m Sprint	
	Junior	Women	800m	
	Junior	Men	800m	
	Pentathlon	U14 Girls	800m	
	Pentathlon	U15 Girls	800m	
	Pentathlon	U16 Girls	800m	
	Pentathlon	U14 Boys	800m	
	Pentathlon	U15 Boys	800m	
	Pentathlon	U16 Boys	800m	
	Pentathlon	U17 Girls	800m	
	Pentathlon	U18 Girls	800m	
	Pentathlon	U19 Girls	800m	
	Pentathlon	Senior Women	800m	
	Pentathlon	Master Women	800m	
	Junior	Women	400m Sprint	
	Junior	Men	400m Sprint	
	Pentathlon	U17 Boys	1000m	
	Pentathlon	U18 Boys	1000m	
	Pentathlon	U19 Boys	1000m	
	Quadrathlon	Master Men M4+	1500m	
	Pentathlon	Master Men	1500m	
	Pentathlon	Senior Men	1500m	
	Junior	Women	1500m	
	Junior	Men	1500m	
	Junior	Women	100m Sprint	
	Junior	Men	100m Sprint	

Combined and Junior Field Timetable

Time	Long Jump	Time	Triple Jump	Time	Shot Put	Time	High Jump
10:15	Junior Woman	10:30		10:30	Junior Women	10:30	U14 Girls
	Junior Men				Junior Men		U15 Girls
10:30	Senior Women				U14 Boys		U16 Girls
	Master Women (W1-W3)				U15 Boys		Senior Women
	Master Women W4+				U16 Boys		Master Women (W1-W3)
	U13 Girls				Senior Women		Senior Men
	U13 Boys				Master Women (W1-W3)		Master Men (M1-M3)

	U14 Girls				Master Women W4+		U14 Boys
	U15 Girls				U17 Girls		U15 Boys
	U16 Girls				U18 Girls		U16 Boys
	U14 Boys				U19 Girls		U17 Girls
	U15 Boys				U13 Girls		U18 Girls
	U16 Boys				U13 Boys		U19 Girls
	U17 Girls				U14 Girls		U17 Boys
	U18 Girls				U15 Girls		U18 Boys
	U19 Girls				U16 Girls		U19 Boys
	U17 Boys				U17 Boys		Junior Woman
	U18 Boys				U18 Boys		Junior Men
	U19 Boys				U19 Boys		
	Senior Men				Senior Men		
	Master Men (M1-M3)				Master Men (M1-M3)		
	Master Men M4+	16:00	Junior Woman		Master Men M4+		
			Junior Men				
Time	Javelin	Time	Hammer	Time	Discus		
13:00	Junior Women	14:00	Junior Men	15:00	Junior Men		
	Junior Men		Junior Women		Junior Women		

Combined and Junior Check-in

Check - In for Junior Long Jump opens at 9:45am and **closes at 10:00am**

Check - In for Junior 400m Hurdles opens at 09:45 and **closes at 10:00am**

Check - In for Junior Walks opens at 09:45 and **closes at 10:00am**

Check - In for all remaining Junior athletes opens at 10:00am

Check - In for all combined athletes opens at 10:00am and **closes at 10:20am.**

Combined Event Guidelines

Guest athletes are welcome to compete in the combined event.

Combined athletes will have three (3) trials in their field events only.

Combined Athletes disqualified under the false starts rule shall be allowed to compete in succeeding events.

Combined Athletes deemed to have fouled other athletes during an event will be disqualified for that event but shall be allowed to compete in succeeding events.

Athletes must make an attempt at each event. Those failing to start any event are considered to have abandoned the competition, receive no final score and are not included in the final placing.

The winner of the competition is the athlete who has scored the highest number of points.

In the event of a tie, the athlete scoring the higher number of points in the most events shall be awarded the higher place.

Medals will be presented to the top three athletes in each category and all results are final.

Combined Scoring system

Female athletes from U17 and over use the women's IAAF Scoring Table.

Male athletes from U18 and over use the men's IAAF Scoring Table.

All 800m events scoring will be taking from the IAAF women's Scoring Table.

All 1000m events scoring will be taking from the IAAF men's Scoring Table.

All 100mH events scoring will be taking from the IAAF women's Scoring Table.

The U13 Tri-Event for both Boys and Girls will use the IAAF women's Scoring Table.

Due to the IAAF not having a scoring table for both the 75m Hurdles and 80m Hurdles, Athletics Leinster will continue to use the same scoring table as previous.

http://www.athle.fr/pdf/docffa/IAAF_TablesCombined_Events.pdf